



Resources and Equipment to Support Health, Safety and Motor Skills Development

To provide opportunities for effective motor skills development, a preschool centre needs to be well-equipped with a wide range of equipment and resources for physical play. These resources should be safe, age-appropriate and able to stimulate children's curiosity and invite active participation. Here are some examples of useful resources and equipment:

To develop healthy and safety practices

- Songs and videos
- Posters and charts
- Puppets
- Child-sized brooms and dustpans

To develop gross motor skills

- Parachutes and tunnels
- Beanbags, rubber quoits, balloons and scarves
- Hula hoops
- Rubber balls of different sizes and textures
- Scoops and balls
- No-bounce balls
- Mini-basketballs and mini-soccer balls
- Balancing beams
- Recycled boxes, containers or baskets of various sizes
- Tricycles and bicycles

To develop fine motor skills

- Play dough and accessories (e.g., rolling pins and cookie cutters)
- Art and craft materials (e.g., clothes pegs, pipe cleaners, cotton balls, pom-poms)
- Linking cubes, waffle blocks and interlocking bricks
- Laces and beads
- Tongs and tweezers
- Scissors, glue sticks, staplers and hole punchers
- Writing and drawing tools (e.g., pencils, crayons, chalks, markers, paint brushes)
- Clothes or bags with buttons